

Rewarding Your Child



Providing Rewards Help Children to be Motivated



I AM HAPPY AND MOTIVATED

Children need encouragement. One way in which parents can encourage their children is to reward them. Children who engages in good behavior should be rewarded. Rewarding a child helps them to differentiate between “good” and “bad” behaviors. Imagine that your child has just learned how to spell his name, and you say nothing or ignore him. By not praising your child you have missed the opportunity to tell him that you are happy with his achievement. Giving your child the acknowledgement that he so rightfully deserves will most likely result in him feeling proud and he will be encouraged to learn new words.

The truth is, whether or not you believe in rewarding your child, you are already doing it. Rewarding children comes naturally to parents. Parents can't help but to get excited when their child makes progress and, for a parent, no accomplishment is too small to be rewarded. Rewarding your children promotes positive parent/child relationships. You are creating a harmonious home environment that allow your children to learn positive relationship skills. Your child has the right to a positive, peaceful and thriving home environment.

Rewards should be given when children genuinely earn them. Rewards are not bribery. No one rewards their child for making threats, making demands, or refusing to cooperate. Bribery is contentious. Reward is cooperative. Bribery leaves a parent feeling defeated while reward makes a parent feel good.

Rewarding your child does not lower their self esteem



Points to Remember

Reward your child to encourage good behaviors

Your child is always being rewarded throughout the day including at school and in the community

Parents who use rewards are less likely to punish their child

Rewards are not bribery

A Simple “High 5” can be a good reward



Simple Ways to Reward Your Child

- Watch a Movie
- Go to the Beach/Pool
- Blow Bubbles
- Stickers
- Verbal Praise
- Toy Cars



Contrary to what you may have heard, rewarding your child does not cause them to lose motivation.